

Awakening the Divine Heart

A Sacred Magdalene Journey to Southern France

Jane Elworthy & Jacqui Bushell
12 days, May 30 - June 10, 2018

The Magdalene tradition teaches us about divine union, recognising ourselves and all of humanity as a bridge between heaven and earth.

Join us on this loving, sacred pilgrimage to southern France.

Within the rugged mountains, deep gorges and lush valleys of the Pyrenees lie energy lines that form an ageless landscape imbued with the mysteries of the Isis tradition, the Essenes, Druids and Cathars, as well as our beloved Mary Magdalene.

The healing springs, caves and grottoes where she lived and taught will be your own sacred landscape on this deep and joyful journey to awaken and live from your true Divine Heart.

Awakening the Divine Heart is a spiritual retreat. While we are visiting a number of sacred sites and participating in workshop processes, there is also some free time for your own private experience and personal attunements; to simply sit or explore and be enfolded in the energies of this land of Divine Feminine. The itinerary may change slightly day to day as we prefer to be flexible and responsive to the unfolding group energies and process. Walking, singing, dancing this land within this sacred circle of women is like journeying on a Grace-full path; joyful, loving and profoundly transformational. Each day will begin with a circle to gather the energies before we adventure forth.

We look forward to sharing an inspiring and transformational journey with you!

All love and blessings,

Jacqui and Jane

DAY 1

ALET LE BAINS

Wednesday May 30

Welcome! Pick up at Toulouse airport at 12.30pm.

Drive to the Hostellerie de l'Eveche, which will be your home for our 12 days together. The sacred waters of the River Aude flow alongside this lovely old Episcopal palace on 3 hectares of gardens.



Alet le Bains is situated within a natural 'Venus Temple', a five pointed star location energetically imprinted into the landscape between several mountains and villages.

Legendary home to Nostradamus, 'Alet' means chosen place, and has a long history of seekers of wisdom through the Mystery Schools, the Druids, Knights Templar and Magdalenes. The Abbey ruins, next to our hotel were built on an ancient Cybele site.

Delicious afternoon tea, and time to arrive, walk in the garden, and visit the Black Madonna at the nearby ancient church.

Welcome dinner and a good night's sleep.



DAY 2

DRUID ISLE, PUILAURENS, GORGE DE GALAMUS

Thursday May 31

Breakfast at the hotel.

Our day's journey begins with a meditation and centering on the narrow island in the centre of the beautiful Aude River. The isle, resting within the flow of the river, is a Druid ritual site, and a crossing of the energy lines of divine union.



We journey to Puilaurens, a castle high in the Pyrenees mountains that was another refuge for the Cathar *perfecti* in the 1100's. We have time to explore, meditate and connect with these people of peace, renowned for their kindness and spiritual healing skills.

After a picnic lunch in the forest surrounding Puilaurens, we journey to Gorge de Galamus, a remote cave sanctuary towering over a deep, clefted valley. Believed to be another place where Magdalene taught, the cave is now a simple chapel. Water collects near the altar, and the space is filled with radiant presence.

Dinner at the hotel.



DAY 3

RENNES LES BAINS

Friday June 1

Today we visit the beautiful town of Rennes le Bain, famous for its healing waters.



This area has long been known as a sacred area, rich in prehistory, then settled by the Celts, Romans, Cathars and Knights Templar.

The sacred flowing waters are a focal point for the spirits and star being energies that gather here. Immerse yourself in the loving support offered by them, as you connect softly and deeply in their presence, and that of the group.

Throughout the day we will journey to several sites for reflection and meditation; the meeting confluence of the Salz and the Blanc rivers, where salt and fresh water merge, the Fountain des Amours, the dragonfly stone and the old Roman Baths. Magdalene is said to have taught and blessed people here.

In the afternoon we stroll to the great prehistoric stone 'chair', the Seat of Isis, a place of wisdom and attunement. Similar to the waters at Chalice Well, two natural springs also flow here; one a 'white' water and the other 'red', rich in iron.

We shall share a picnic lunch by the flowing river.

There will be a historical discussion this afternoon about Magdalene and the Holy family, the Cathars, Essenes, their practices and links with France.

Dinner back at the hotel.



DAY 4

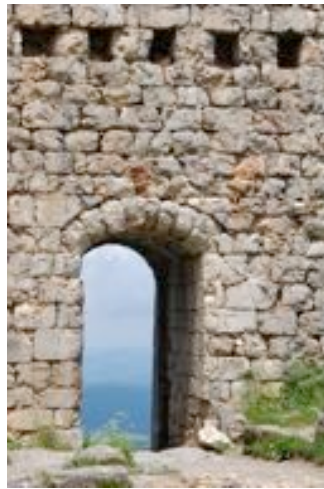
MONTSEGUR

Saturday June 2

Meditation and process before driving to Montsegur, via the Val d'Amour church. 'Our Lady of the Valley of Love' was built around a spring which stills runs today, through the crypt of the church.

Perched high on a mountain, the great Cathar stronghold, Montsegur, lay under siege for many months during 1243. Over a hellish winter and famine, 220 Cathars eventually walked down, from their mountain stronghold to be burned at the stake rather than renounce their faith. The mountain and fortress carry the imprint today of the immense courage and faith of the Cathars, with their strong dedication to 'Our Lady of Light'. There are many stories and mysteries about this 'Grail Castle' and the disappearance of a great treasure once housed here. Some say it was the secret gospel of Jesus, 'The Book of Love'. The Cathars truly lived and taught that all could know Beloved, that all are equal in their Divinity.

After a group ceremony, we walk up the forested path to Montsegur. This journey and reflection time within the fortress lead us deep into our heart. What is it that you have faith in? What is it that you truly embrace?



We will share a picnic lunch at the Montsegur castle ruins before driving down into the quaint village with its local black Madonna, handicraft shops and Cathar museum.

DAY 5

ESPERAZA MARKETS AND LA ROCHE TREMBLANT

Sunday June 3

The colourful traditional markets in the charming village of Esperaza have many handicrafts, buskers, clothes, organic produce, artisan breads, olives and cheese. Collect natural spring water directly from the fountain in the square.

The village church is dedicated to Archangel Michael and is also thought to be another Celtic site. Esperaza is the centre of another sacred geometry energy grid and was one of the pilgrimage routes to the Santiago de Compostela. It's also one of the largest sites of dinosaur bones in Europe.



Lunch at a café in Esperaza or something delicious from the markets (not included in costs).

Then, a short walk through the forest to 'La Roche Tremblant', an ancient natural sacred site known to the Knights Templar, where we connect with the energies of the rocks and what they may awaken within our being.

Lovely group dinner out at a local restaurant. This is always a wonderful evening of laughter and delicious food.

DAY 6

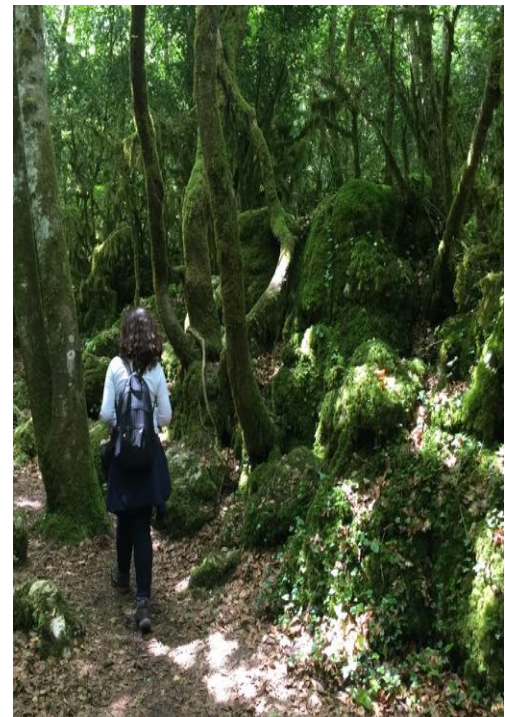
NEBIAS LABYRINTH AND BRENAC

Monday June 4

Drive to Nebias natural labyrinth. There is a rich weaving of energy lines through this incredible natural formation of stones and lush green forest. Silent meditation walk through the formations, and a group toning in the Clot des Encantades forest glade.

Picnic lunch before driving home via Brenac church, another place on the pentagram of the Venus temple. It is known as an old Cathar gathering place.

Dinner back at Hotel.



DAY 7

CARCASSONE

Tuesday June 5



We spend the day exploring Carcassonne, a beautiful medieval walled village, first settled over 5,500 years ago. Visit the Basilica and museum, and wander the quaint streets.

Lunch at Carcassonne (not included on costs) before returning to Alet.

For the rest of the afternoon, wander through the Abbey or hotel grounds, visit the local crystal shop, cafes or swim in the river.

Dinner at the hotel



DAY 8

RENNES LE CHATEAU

Wednesday June 6



We drive to Rennes le Chateau to explore this spiritually renowned area, dedicated to the Magdalene energies. There are many stories surrounding Rennes and it's elusive 'treasure'. Occupied for several thousand years, and the site of an ancient Isis temple, it is a pivotal point in the sacred geometry of the pentacle landscape energies.

We'll discuss the history of Rennes, the rich symbols of the church, and then have time to connect and wander to Tour Magdala and the church which are both dedicated to Mary Magdalene, and then the

museum.

Lunch at 'Le Jardin de Marie' café with its beautiful grounds and fountain. (not included in costs)

After lunch, we return to Alet for some rest time with a sacred sound activation later in the afternoon.

Dinner at the hotel.



DAY 9

LIMOUX AND NOTRE DAME DE MARCEILLE

Thursday June 7



Driving to the charming town of Limoux, we visit the old plaza on the way to Notre Dame de Marceille, one of the most beautiful and radiant energy churches in the region. This special church is filled with symbology from the Knights Templar, though the site itself was revered long before their presence. History tells us of a chapel being present here since the 1000s. A Black Madonna is still found in the church, her presence palpable.

At the small nearby water shrine, dedicated to Mary, we experience a water blessing ceremony for vision, healing and gratitude.

Picnic lunch at the church grounds before heading back to the Hostellerie for an afternoon workshop process.

DAY 10

ORNOLAC LOMBRIVES CAVES

Friday June 8

After breakfast at the hotel we drive to Ornolac Ussat Les Bains to the great Lombrives caves. The limestone mountains are honeycombed with deep and beautiful caves that have long provided refuge, and deep connection with the earth energies, for many spiritual seekers over thousands of years. The Cathars in particular, revered and utilised them for initiations and teaching purposes. They also hid in them during the long years of persecution. These caves were known to the Cathars, who were often forced to teach in hiding within this rich subterranean honeycomb cave system.

Throughout the day we will be walking up to the Hermit, Cathedral and Bethlehem caves, each so different in their energies. Historically, Bethlehem was a key initiation cave for receiving the *consolamentum*, a sacred process to experience direct knowing of Divine Source.

Picnic lunch in the beautiful landscape near the river.

Dinner at the Hotel.



DAY 11

BUGARACH AND MAGDALENE CAVE

Saturday June 9

After breakfast and our group morning process, we cross the River of Colours, walking through the lovely landscape directly opposite Rennes Les Chateau to caves known for their healing energies and presence. After a silent walk into the site, we can experience the energies and invitation of the 'birthing cave' and the 'Magdalene' Cave. The caves are a journey into the embrace of the earth, a deep holding and attuning of our being. Sound your voice and meditate here in the womb of the earth.

After a picnic lunch, we drive via Laval Dieu (the Valley of God) to the village of Bugarach, to connect with the extraordinary mountain here. This sacred mountain is one of the key power places in the Venus landscape temple. It has many mysteries and legends attached to it. We also visit the simple church at the village, with its many symbols of the divine feminine and wonderful acoustics.

Fabulous dinner out with your new community of Beloveds, at the delicious Duc de Joyeuse restaurant, a beautiful 16th century chateau at Couiza (not included in costs)



DAY 12

ALET LE BAINS and FAREWELL

Sunday June 10

Breakfast at the Hostellerie.

Closing Ceremony by the sacred waters.

Those that require it will be driven back to Toulouse or Limoux for connecting flights or train.

Farewell Beloveds!

